



MIDDLETON CHENEY FOOTBALL CLUB

Player Handbook



MIDDLETON CHENEY
FOOTBALL CLUB

The Playing Fields, Astrop Road, Middleton Cheney
www.middletoncheneyfc.co.uk
@CheneyFC

Welcome to MCFC

We are very proud that you have joined the best Grassroots club and we hope you will be happy here for many years to come. As at the start of 24/25 season, we currently have 15 teams playing in five different leagues. **Please remember, whilst we have 15 individual teams, we are ONE Club.**

Our priority is ensuring you continue to develop and enjoy the beautiful game. As a club we invest back into players – we provide position specific coaching, use VEO to record some of our matches to develop coaches and players, and allocate funds annually to provide players football opportunities they would not necessarily be able to have. For example, in 2023 and 2025 we visited St George's Park, the home of England, for a tour and training session with FA coaches, part funded by the club.

This pack includes:

- Club Welfare
- Age Groups and Leagues (including formats)
- Match and Training Arrangements
- Player Consent Form

Please ensure you are familiar with our Code of Conduct (page 5) during your time at MCFC. We hope you enjoy the season, and I look forward to seeing you in the coming weeks and months.



Wayne Campbell

Chairman, Middleton Cheney Football Club

Welfare at MCFC

As an MCFC Player you have a team of people looking after you, **from your Team Coaches, 12 Committee Members and a dedicated Club Welfare Officer (CWO)** whose roles are to ensure that:

- ✓ you have a safe space to play and enjoy football
- ✓ you have a great place to get to meet lifelong friends
- ✓ you can learn and develop your football skills
- ✓ you can work as part of a team

If you have any concerns about anything at MCFC, you can speak with your Coach who has completed various training courses to understand how we can look after you whilst you are in our care at training and matches.

You will also notice that our coaches wear the MCFC coaches kit/coats on training/match days so you know who is part of our club.



Remember!

You can talk with your coaches if you don't understand something or are worried about anything. The MCFC family are always here to help you.

Age Groups and Leagues

Our teams take part in various leagues across the region, playing on either Saturday or Sundays.

Leagues

Witney & District Youth League	U11, U10, U9/Falcons, U8 & U7 (Saturday mornings)
Milton Keynes & District Dev. League	U15 & U13 (Saturday mornings)
Oxfordshire Youth Football League	U16, U14 & U12 (Sunday mornings)
Oxfordshire Girls Football League	U13, U11, U9 Lionesses (Saturday mornings)
Banbury & District Lord Jersey League	Men's Team (Saturday afternoons)

In addition to the leagues we participate in, please see the below table highlighting various information about each age group. For the younger age groups, it's normal for 'development' matches to be arranged immediately after the league match to allow more game time.

Age Group Details

Age Group	Format	Ball Size	Competitive	Match Length
U7 (Year 2) & U8 (Year 3)	5 v 5	3	No	2 x 20min*
U9 (Year 4) & U10 (Year 5)	7 v 7	3	No	2 x 25min*
U11 (Year 6) & U12 (Year 7)	9 v 9	4	No / Yes	2 x 30min
U13 (Year 8) & U14 (Year 9)	11 v 11	4	Yes	2 x 35min
U15 (Year 10) & U16 (Year 11)	11 v 11	5	Yes	2 x 40min

*Development games can be played

Playing Kit

We are proud that you will be wearing the MCFC Blue and White kit for home games or Yellow and Black as our away kit.

HOME (Blue/White) **AWAY** (Yellow/Black)



GOALKEEPER HOME/AWAY



FA Player Conduct Code

We try our best to provide a positive environment for you to learn and enjoy the beautiful game. **Being a MCFC player, when playing football, at training or in a match, you will:**

- Always play to the best of your ability and for the benefit of my team
- Listen and respond to what my coach/team manager tells you
- Play fairly and not cheat, dive, complain or waste time
- Respect your teammates, the other team, the referee and/or your coaches
- Play by the rules, as directed by the referee
- Be gracious in victory and defeat – shake hands with opposition/referee at the end of the game
- Understand that a coach has to do what is best for the team and not one individual player
- Talk to someone you trust if you are unhappy about anything at MCFC

I understand that if I do not follow the above code of conduct, any or all of the following actions may be taken. I may:

- Be required to apologise to my teammates, the other team, referee or coach
- Receive a formal warning from the coach or the club committee
- Be dropped or substituted
- Be suspended from training
- Be required to leave the club

In addition, my club, County FA or The FA may make my parent/carer aware of any infringements of the Code of Conduct. The FA/County FA could also impose a fine and suspension against my club.

Our aim is to make football safe, fair, inclusive and enjoyable for all - please play your part by being supportive, positive and respectful and remember this extends beyond the football pitch.



We hope that our **Player handbook** has been useful.

You can find a large amount of information and relevant policies on
www.middletoncheneyfc.co.uk

For any general enquiries please contact
football@middletoncheneyfc.co.uk

If you have a welfare or safeguarding concern, please contact
welfare@middletoncheneyfc.co.uk

You can also contact the Designated Safeguarding Officer at
Northamptonshire Football Association via
safeguarding@northantsfa.com
or 07535 640452



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